

ROLE PLAYING

<p style="text-align: center;">Friday, June 15th 2014</p> <p>Rosa 31-year-old patient, 20 weeks pregnant, comes to the primary health center due to hematuria with macroscopic blood in urine and she tells us that she thinks she's got a "cystitis" that started 24 hours before.</p> <p>Family and work background:</p> <ul style="list-style-type: none"> - Both parents killed in car accident when she was 7 - One brother - Occupation: school teacher, sporadic work - Married at age 25 - Husband work as a salesman 	<p>Personal background:</p> <ul style="list-style-type: none"> - Two previous miscarriages - Depression after second miscarriage, one year ago. Undergoing treatment for depression until beginning of present pregnancy
<p>START OF INTERVIEW Doctor: Please, tell me, what's the matter with you?</p> <p>And how would you describe the urine?</p> <p>Does that happen every time in urinate?</p> <p>Even if you don't urinate, as during periods?</p>	<p>Patient: I've noticed blood in the urine since yesterday morning and as it didn't stop I've come in search of a treatment. This happened to me another time and I was told it was a cystitis. They gave me some medication and it disappeared some days later.</p> <p>I'm telling you, the urine is red with blood and I have seen some small blood clots.</p> <p>Yes, since yesterday it happens every time I void my bladder.</p> <p>No, no. I don't pass blood as during periods or when I had previous miscarriages. It is only when I urinate.</p>
<p>Questions related to urinate syndrome:</p> <ul style="list-style-type: none"> - Pain: - Burning sensation: - Itch: - Fever: - Frequency: - Tenesmus: - Renal or flank pain irradiated to the pelvic zone: 	<p>No.</p> <p>No.</p> <p>No.</p> <p>No.</p> <p>No.</p> <p>No</p> <p>I feel some tenderness in this side (she points to the right flank) and hardly any more than that.</p>
<p>How long have you notice it?</p>	<p>Since yesterday morning</p>
<p>How did it start?</p>	<p>Suddenly, since morning</p>
<p>Any other symptoms?</p>	<p>No. Nothing else</p>
<p>Are you on any medication?</p>	<p>Yes, I am on folic acid</p>

PHYSICAL EXAMINATION

She brings a urine sample: hematuria with macroscopic blood and some blood clots.

Mild tenderness in right flank.

Clearly positive right costovertebral angle tenderness.

She has an elongated bruise on her right back (a distinct shoe mark):

- Bruises in different evolutive stages on the back of her forearms (defensive zones) besides bruises in both arms (well-marked finger imprints)
- Normal vital signs



Rosa's consultation. Some issues to be analyzed

1. Interview analysis
2. Interview management
3. Woman's attitude and emotional state (verbal and non-verbal language)
4. Manner of asking. Listening. Silences
5. Respect. Empathy. Warmth (emotional proximity). Expressing emotions (both)
6. Therapeutic distance
7. Retrieval of information

Rosa's consultation. Some issues to be analyzed

1. Identify risk factors and situations of weakness
2. Warning signs
3. Mistreatment criteria
4. Chances of intervention:
 - First intervention
 - Risk assessment
 - How to explore the risk of injuries sustained (physical and psychological)
 - How to explore the risk of new aggressions
5. Legal responsibilities and legal duties
6. Other interventions concerning diagnosis

"I would like more role-plays. I think it was important to slip into the role of the victim and the practitioner."

Austria, learner